

EVE TALK



Success, Uninterrupted!

One of Mumbai's committed gynaecologists,
Dr Rishma Dhillon Pai unplugged!

She's extremely dedicated and her patients rave about her. Meet Dr Rishma Dhillon Pai, the consultant gynaecologist at the Lilavati and Jaslok Hospitals in Mumbai. Incidentally, she is also the director of the Pearl Family Welfare Hospital which is one of the leading family planning centre's in the country.

AWARDS & REWARDS

Winner of many prestigious awards, Dr Rishma has also won the Navshakti Award 2009 for her contribution towards health of women and the Jai Hind College alumni award given by the Finance Minister of Maharashtra Jayant Patil. Furthermore, she is the recipient of GR8 Woman Achievers awards (2010) for excellence in medicine along with other woman achievers like Aishwarya Rai, Sushmita Sen, Saroj Khan etc.

No wonder, Dr Rishma has been elected as the First Vice President of the Federation of Obstetrics and Gynaecological Societies of India, (FOGSI), which is an all India body of 25,000 members. She has also been the chairperson of the Drugs and Equipment committee of FOGSI for 5 years. As the Vice President of FOGSI Dr Rishma Pai has organized

free workshops on 'Endocrinology & Infertility' across major cities in India. Recently, she also organized a National Conference on infertility with large number of national and international faculty where actor Vidya Balan came as the Chief Guest.

PRESTIGIOUS LOOK

She is presently an elected Member of the Managing Committee of the Mumbai Obstetrics and Gynaecological Society and the Treasurer of the Indian Society for Assisted Reproduction (ISAR). She is also a Member of the Managing Committee of the Indian Association of Gynaecological Endoscopists, IAGE which is a national body of gynaecological endoscopic surgeons.

Dr Rishma, incidentally, has the distinction of having delivered a 60-year-old woman, one of the oldest in the country. She is also a pioneer in the technique of Uterine Balloon Ablation - a 10 minute solution to heavy bleeding and to the use of abortion pills in India. Recently, as the head of Department of Gynaecology at Jaslok Hospital, she along with other doctors have introduced for the first time in Asia - MRI guided focused ultrasound which is a completely non-surgical treatment of fibroids. This will help thousands of women who suffer from the common problem of fibroids.

She has a keen interest in cancer prevention in women and has conducted many camps of "Healthy at 40" for women which include counselling and free or subsidized cancer screening for women. Besides this, she has also conducted health education and school programmes for adolescent girls.

...With such a prestigious repertoire, no wonder Dr Rishma Pai is in such great demand. More power to her! 



Jai Hind College alumni award given by the Finance Minister of Maharashtra Jayant Patil